

The Lemon Grove REVIEW

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Serving Lemon Grove and nearby communities

Thursday, February 20, 1992 25¢

Latest Highway 125 plans draw favorable response *Still young at heart, Morelli enjoys sharing*

The Lemon Grove City Council chambers were nearly filled Tuesday night with residents waiting to hear the latest news from Caltrans on Highway 125. When Caltrans project engineer Mark Leja presented the latest variation, which was the result of Lemon Grove and Spring Valley residents finding fault with the previous design, he stated that Caltrans was replying to their concerns. Most residents liked what they heard.

The residents from the Blossom Lane/Ildica Street area were pleased to see that the new plan, called Variation 3, eliminates the full interchange at Ildica which would have brought 10,000 vehicles a day through the residential area. However, the previous plan, Variation 2, will be included with Variation 3 in the environmental impact studies which Caltrans is now making. The draft environmental reports will be circulated this summer, and then public hearings will be held.

Ultimately though, Caltrans will make the final decision in early 1993 as to the design of the highway. The city council and residents can make their preferences known to Caltrans, but they are not binding on Caltrans.

The residents along Crane, Golden and Sweetwater Road received no good news, as both plans would impact those areas. However, Variation 3C would have the least impact on Lemon Grove residents. It would eliminate the half-diamond interchange at Troy, thereby sparing six additional houses which would be in the way of the interchange. It might also allow Caltrans to move the highway about 100 feet to the east, and might result in saving some properties from condemnation.

Of concern to some of the Golden Avenue residents was the height of the proposed interchange of highways 94 and 125. Leja said that he was unsure without checking the elevation plans as to whether or not the interchange would be as high as the Golden Avenue homes. He did some quick calculations and said that some interchange lanes could be 75 to 85 feet above ground - as in La Mesa near Drew Ford.

After the public had responded, the council members gave their opinions. All were pleased that the Ildica interchange had been eliminated in Variation 3. Councilmen Burns and Cochran spoke in favor of Variation 3C, which would eliminate all Lemon Grove interchanges on Highway 125 (traffic could get on or off at Jamacha Road or at the existing Lemon Grove Avenue ramps to Highway 94 - but there would be no access between these points, as even the Grove Street ramps on and off 94 will be eliminated). Mayor Jim Dorman and council members Lois Heiserman and Craig Lake preferred not to rule out the half-diamond interchange at Troy until they had more information regarding traffic and environmental impact. Mayor Dorman said the city had "spent a lot of money in the late 70s widening Palm Street to be a feeder to Highway 125." They also espoused the need to take a "regional" look at the situation.

Caltrans will make a similar presentation to Spring Valley residents at the Spring Valley Community Center, 8735 Jamacha Blvd., at 7 p.m. on Friday, Feb. 21. Those who missed the Lemon Grove presentation are welcome at the Friday presentation. The plans will be on display at the Spring Valley Community Center, Friday, from 2 to 6:30 p.m.

In other business, the council approved merit increases for Kenneth Steele and Yvonne Gwin; referred a complaint regarding a missing crossing guard at Palm and Golden to staff; agreed to have staff look into the allegations of a county engineer who says that Lemon Grove received \$4 million for the repair of Federal Blvd.; heard a resident of the Broadway Commercial Project area complain about redevelopment; and agreed to refund extra sewer connection charges charged to a developer.

John Pipes, chairman of the Old Time Days Association, submitted the group's budget for this year's event (scheduled for May 9 and 10) and requested the \$6,000 subsidy which had been budgeted by the city for the event. The council agreed to honor the request because of the late date, despite the mounting budget deficit. As Pipes left, he and the mayor engaged in some light-hearted banter in which Pipes urged the city to "just send the check." And, the mayor gave the usual refrain, "It's in the mail."

Pipes was followed by Mike Ott, speaking in his capacity as president of the Lemon Grove Little League. Ott praised the city for helping the Little League develop plans to expand their playing fields at Monterey Heights, singling out Jack Shelper, Les Ruh and Jim Butler for their help. The council approved a 30-day stockpiling plan to give the Little League time to have grading plans drawn and soil engineering work done.

Continued on Page 2



Wilson Morelli puts his class of advanced dancers through their paces at the Lemon Grove Arts Complex, where he began teaching several weeks ago.

by Lindy Magner

A lot has changed for Wilson Morelli since those days he spent dancing with the American Ballet Theatre in New York and on Hollywood movie sets with such stars as Marilyn Monroe.

Yet, some things never change for the 67-year-old former ballet dancer who was Leslie Caron's partner in "Daddy Long Legs," and one of the dancers in "There's No Business Like Show Business," like the exhilaration he always feels when dancing or teaching dance.

Whether in a prestigious studio in New York or Los Angeles, or at the Lemon Grove Art Complex where he began teaching several weeks ago, Morelli is most happy when he is instilling an understanding of dance in his students.

A native of San Paulo, Brazil, his original aspirations were not to be a dancer, but an actor - the greatest of all time.

"I fancied I would become this great actor and make people cry," said Morelli, who at about age 16, took an acting class. However, his acting teacher also taught ballet, and convinced him he should take that class as well.

As his story goes, after only several classes, his teacher sent him with a letter in hand to the choreographer of the San Paulo Municipal Theatre. He danced and studied there until about a year later, when New York-based choreographer Igor Schwedoff invited him to perform in the dance company of the Rio de Janeiro Opera House.

"I was sent there as a professional," he recalls, "a professional! - after only one-year of training." He was subsequently asked to become a permanent member of the opera house's

corps de ballet.

From there, everything came rather easy.

When Schwedoff returned from Brazil to New York, Morelli came on scholarship to study with him at the Fokine studio in Carnegie Hall.

"I was very lucky to have Schwedoff as my teacher - he taught me so much about how to move. I was soon very good and I could always do what I was asked to do."

Shortly thereafter, in the late 1940s, he became a corps de ballet dancer for the American Ballet Theatre, where he would dance for the next two years. However, when it came to signing a contract for the third year, Morelli decided he needed something more.

"I would be there in the back, watching the principal dancers, knowing I was a much better dancer - it got harder and harder to watch those bad dancers and having to wait my turn. I didn't know it would be such a slow advancement - that you would have to wait so long."

He then signed with the St. Louis Ballet as a principal dancer, and shortly afterward, was performing in Las Vegas as part of the Merry Widow Review.

Then, he found himself in Hollywood, auditioning for Twentieth Century Fox studios - he was picked as one of the dancers for "With A Song in My Heart," starring Susan Hayward.

Other dance roles in other movies followed, thanks in part to his association with a renowned Hollywood choreographer, Jack Cole.

Along the way, he taught at various studios and in 1975, he formed Morelli Ballet Inc. and Morelli's Choreground Theatre, which offered workshops and

instruction - both closed in 1986.

About a year ago, he was invited by a former student to teach at the American School of Ballet in San Diego. However, that arrangement was not to Morelli's satisfaction, and he began looking for another school which could utilize his talents.

About three weeks ago, he began teaching an advanced class at the Lemon Grove Arts complex.

He teaches ballet with the same philosophy as that espoused by a Juliard piano teacher.

"She taught anybody who was anybody and she would say, it's not the note that counts, it's what is in between the notes - the linkage. And, it's the same with dancing - it's how you go into and come out of a jump or lift that makes the art."

If a dancer knows how to move and can adapt to any kind of music or mood, then they will be able to perform the dances of any choreographer, says Morelli, who attributes his own success to his adaptability. Of course, mechanics are also important, but do not alone make a great dancer.

"What I try to do first is make the machine work properly - to teach the mechanics, but to make sure they know and remember that the arabesques, etc., are just the tools they will use to express an idea or an atmosphere."

He is constantly searching for ways to get his ideas across to his students - and when they see the light of understanding and finally perfect a move or correct a flaw, well - those are the moments worth all his effort.

"Even in my old age, I'm learning new ways to say what I've been saying all these years

Continued on page 3

Mt. Miguel El Trovador News Briefs

Mount Miguel's Matador Drumline captured first place in their division of "Drums Across California" held on Saturday, February 8 at Dana Hills High School.

Mount Miguel welcomes Brenda Kenyon as the new choir director. She will be teaching the choir and glee classes. The vocal ensemble began rehearsals Tuesday.

Mount Miguel is searching for a Junior Varsity Coach for Girl's Softball. Those interested may contact Kathy Worley through the front office.

Mount Miguel has formed the Recycling/Environmental Club sponsored by Nancy Watkins. Students will try to make a difference on our planet.

French teacher Mme. Olivia Dorman featured Jean Fremont's sight and sound presentation on Azay-le-Rideau and Usse, Tuesday and Wednesday of this week in her classes.

Mount Miguel High School's AVID (Advancement Through Individual Determination) Team is sponsoring a four-night study skills workshop which began yesterday and will continue tonight and February 26 and 27 from 6:30 to 8:30 p.m. The workshop is designed to demonstrate to parents how to help their students as they study at home and how to make better use of their student's study time.

Mount Miguel's Wrestling team closed the season with a disappointing 2-7 record but several players excelled during the season. John Priano took 1sts at El Cajon, Holtville and El Camino, as well as 2nd at Grossmont League and 3rd at Landos. Gabe Bustillos placed 3rd at Landos and El Camino, and 2nd at Grossmont League. Armando Martinez took 1st at El Camino and Holtville. And Mike Duval placed 3rd at Grossmont League. C.I.F. playoffs begin February 22nd.

Mount Miguel's Boys Varsity Soccer team defeated Monte Vista 2-0 last Friday to clinch a spot in C.I.F. They faced Granite Hills yesterday in their last game of the regular season. C.I.F. playoffs begin next week.

Reminder: Faces of the Theater, Mount Miguel's award-winning speech and drama team's annual spring production, opens next Wednesday, February 26th at 7:00 p.m. and runs for three days. Tickets can be purchased for \$2 at the door.

Mount Miguel students interested in participating in the Presidential Nominating Convention were asked to attend the Junior Statesmen Club meeting on Tuesday. Students will hold a mock election following national procedures to see whom the student body would elect as president in 1992.

College Prep and Honors students who wish to join the California Scholarship Federation (Honor Society) should sign up as soon as possible to qualify for the new semester. See Mrs. Ingraham or Ms. Esparza in the Career Center.

Mount Miguel's Chapter I Motivational Group participated in a field trip to Cuyamaca and Grossmont colleges on Wednesday. With their sponsoring staff member, Julie Duenez, the following students attended: Veronica Aguayo, Rashonda Anakwenze, Miguel Argumaniz, Juan Arredondo, Sandra Arroyo, Smantha Bagwell, Tracy Bagwell, Jeremy Bates, Brian Blackiston, Greg Bolin, Klexy Cabuhat, Joeann Carr, Roderick Casas, Mario Caesar, Zack Engelhardt, Eduardo Estrada, Mark Gumbayan, Kenvin Hiepler, Daniel Jimenez, Merrie Johnson, Tamika Johnson, Shimana Jones, Felicia Kandeckore, Lisa Khemmanivong, Chris Kiser, Rico Little, Drafon Littlejohn, Adam Lopez, Carmen Martinez, Marco Michel, Roderick Mills, Khari Oates, Michelle Ogo, Nohemi Ortega, Mercedes Primero, Claudia Salas, Tim Sharpee, Mikell Smallwood, Juan Torres, Fakisha Ware, Felicia Wilson, Chris Wolfe and Desiree Young.

Lemon Grove Seniors plan trip to Laughlin

The Lemon Grove Seniors will meet Feb. 24 at the Lemon Grove Congregational U.C.C. Church Hall, 2770 Glebe Road, at 11 a.m.

There will be a meeting led by President Edith Miller. Then a program by "Hospice" to tell us about their help when needed. Please bring a sandwich for lunch. Coffee, tea and cookies will be furnished. After lunch, please feel free to join us for cards.

April 6-8 is a bus trip to Laughlin, with a side trip to Oatman. Cost is \$93 for a double. For information, please call Anita at 460-6478.

Council Meeting *Continued from Page 1*

The council received a staff report indicating that preliminary discussions were held with the Teachings of the Inner Christ Church regarding the possibility of a land swap, which would result in the city acquiring the historic Atherton Chapel and 6,100 square feet of land including the present site of the chapel. In exchange, the church would get about 10,000 square feet, the result of the city's closing and vacating Church Street between Olive and Main.

The church desires to develop its property with 20-24 condominiums, but would like to see the Atherton Chapel, which was built in 1897, preserved.

City staff has also discussed the possibility of the Lemon Grove Historical Society operating the facility as a museum, and they are said to be very interested in the chapel, as well as the bell and large stained glass window in the other church building which would be razed for the condominium project.

The council approved in concept the plans, authorizing staff to work toward acquisition of the chapel.

WEATHER

The following information was provided by the Lemon Grove Fire Department:

	High	Low
February 9	67	47
February 10	64	52
February 11	68	51
February 12	65	53
February 13	64	52
February 14	64	51
February 15	60	59

Precipitation this year to date is 9.62," while for the last year to date the precipitation was 2.89 (From 7/1).

Chronic lung disease group sets meetings

The East County Chapter of the Better Breathers Club, a support group for people who suffer from chronic lung disease, sponsored by the American Lung Association of San Diego and Imperial Counties, will host four meetings in March from 1 to 3 p.m.

The 1st and 3rd meetings will be held at the La Mesa Senior Center, 8450 La Mesa Blvd. Because of a room scheduling conflict, the 2nd and 4th BASICS classes will be held at San Diego Rehab Institute. Directions will be provided at the first class, or you may call the Lung Association at 297-3901.

March 6, 13, 20 and 27 - It's BASICS time, a four-session class which gives an overview of Chronic Obstructive Pulmonary Disease and ways to cope with it. The instructor is Judy Rueckberg, R.N., with San Diego Rehabilitation Institute. To preregister, call the American Lung Association at 297-3901.

Lemon Grove Review

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Pete Kaufman Publisher

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Letters, editorial and photo submissions are welcome, but will not be returned to sender unless accompanied by self-addressed, stamped envelope. All materials must be received by the Monday preceeding the date of publication. The editor reserves the right to edit all submissions.

Advertising

All advertising is subject to current rate card. The publisher reserves the right to reject an advertiser's order. Only publication of an advertisement shall constitute final acceptance. Send all correspondence to: Forum Publications, Inc., P.O. Box 127, Lemon Grove, CA 91946

Lemon Grove Fire Log

February 7 through February 13, 1992

Grove St./Lemon Grove Way. Traffic accident.
7200 blk. Broadway. Seizure.
7800 blk. Central Ave. Broken collar bone.
2500 blk. Crestline Dr. Chest pains.
3200 blk. College Pl. Possible heart.
1900 blk. Main St. Fall.
8200 blk. Golden Ave. Fall.
3000 blk. Washington St. Structure fire.
7000 blk. Casa Ln. Single-engine response.
3200 blk. Olive St. Chest pains.
2600 blk. Lemon Grove Ave. Unknown medical.
2900 blk. Main St. Fall.
2000 blk. Skyline Dr. Unconscious.
2200 blk. Sherwood Dr. Structure fire.
3200 blk. Lemon Grove Ave. Baby locked in vehicle.
3200 blk. College Pl. Abdominal pains.
1800 blk. Massachusetts Ave. Broken arm.
7900 blk. Broadway. Person down.
6500 blk. Federal Blvd. Broken fire hydrant.
3200 blk. College Pl. Diabetic problem.
3400 blk. Main St. Chest pains.
2700 blk. Citronella Ave. Difficulty breathing.
8300 blk. Broadway. High fever.
1700 blk. Ramon St. Possible heart.
6900 blk. Central Ave. Coroner's case.
3200 blk. Citrus St. Difficulty breathing.
Hwy. 94/Spring St. Traffic accident.
2400 blk. New Jersey Ave. Unconscious.

Sheriff's Dept. Log

February 7, 1992

7000 blk. Broadway. Robbery - purse, cash - valued at \$2,325.

February 11, 1992

Fisher Ln./Glebe Rd. Robbery - bike - valued at \$262.

7700 blk. Palm. Robbery - bike grips, tennis shoes - valued at \$52.

February 12, 1992

7800 blk. Broadway. Robbery - jacket, pants, shirt - valued at \$16.

February 14, 1992

7900 blk. Lincoln. Residential burglary - blouse - valued at \$25.

7600 blk. Pacific Ave. Residential burglary - unknown loss.

7400 blk. North Ave. Residential burglary - two handguns, cars, cuff-links - valued at \$2,022.

February 15, 1992

7000 blk. Park Grove St. Residential burglary - two bicycles - valued at \$600.

February 16, 1992

7400 blk. North Ave. Camera, badge, jewelry - valued at \$3,525.

8300 blk. Broadway. Residential burglary - television - valued at \$350.

Farrars celebrate 60 years



Mr. and Mrs. Carl H. Farrar of Lemon Grove will celebrate 60 years of marriage on Feb. 21, with their daughter, Bernice, and her husband, James Mock, of Davis, Ca. Also, son Paul of La Mesa and his wife, Janet, will join in the celebration.

The Farrars moved to San Diego from Fort Worth, Texas in 1945 when Carl was serving in the Navy at NTC. They moved to Lemon Grove in 1970 where Carl had his barber shop on Lemon Grove Avenue - he has since retired. The couple has six grandchildren and seven great-grandchildren.

B-Words *Personal comments of Councilman Bob Burns*

Paying the price

The environment is suffering and certainly needs to be of concern to all of us living on this planet, and especially to the generations to come.

There are many flagrant violations that are poisoning our air, polluting our water, and destroying many of the wonders of nature.

I sincerely believe that industry that dumps toxic waste into our lakes and streams, companies that wantonly and senselessly destroy forests, and individuals or groups who harm our planet should be in jail. This piece is in no way offered to condone any such practice.

However, I also have the firm belief that man has dominion over nature's plants and animals, and that some priorities should be made and observed.

Much of what is being done, i.e., the above paragraph, is actually a form of suicide because man is dooming himself by such practices, and that is stupid. Quick profits now, if made by wasteful exploitation of our natural resources, will surely mean higher long-run costs, and even depletion of some altogether.

I would like to offer a few facts.

In the passage of time, there have been millions of changes on this earth and will continue to be despite what we do.

The ice ages, the volcanic alteration of the earth's crust the coming and going of areas of surface water were all going on long

before the first precursors of man crawled up on the beach to start the evolution of our species. Dinosaurs came and disappeared eons before there were even the crudest of big game hunters on which to blame their demise.

Lakes and rivers were swelled to the fullest and then withered and dried up to leave only fossils to show that they had even been there.

The great deserts of today were deep ocean bottoms at one time, when not even a Cro-Magnon chipped stone spear points, let alone the presence of a waste-producing factory.

The point is that changes over millions of years occurred and will continue to do so with the time span of man's being on earth as a flicker of an eyelash, comparatively.

Granted, as stated above, we may well shorten our time on this planet, but we will not make it be forever.

As one who spent his entire life primarily in the care and welfare of animals, no one cares more about them than I do.

As a veterinarian, I worked in their behalf, actively, until last year.

But, as a human being, I believe that to spend \$26 million to save the California condors (same general species as "Buz-zards"), while there are human beings in desperate need of life-preserving services, is not right.

Millions of dollars have been spent to save the whooping crane from extinction, and the snail darter and mesa mint have cost

the taxpayer millions because they are in the wrong place at the wrong time.

I heard the other night that the odors of freshly baked bread that wafts from a bakery is actually classed as a "toxic waste."

Bureaucracies are born, grown to incredible size, and sustained either on specious premises, or continued, ad infinitum, after their purpose is long gone.

Millions of dollars and thousand of well-paid careers have been made from romantic crusades to "save something or other," and often it is an absolutely futile effort, or has no truthful purpose other than to provide a job and fame for someone.

Clear cutting is sinful. I saw it in British Columbia and was sickened by the waste of beautiful forests.

I also do not believe that the zoo-born and raised condors have a prayer or surviving in the wilds, and wonder how many more millions of our badly needed tax dollars will go to prove it.

God, how I wish I were wrong on both of these counts.

If you have questions or suggestions for Dr. Burns, send them to P.O. Box BB, Lemon Grove, CA 91946

Cox announces run for 77th

Former Chula Vista Mayor Greg Cox announced recently that he will be a candidate in the race to represent the 77th Assembly District, which includes Lemon Grove.

"I can take a thorough knowledge of local government and its needs to Sacramento, along with a 'can-do' attitude," Cox said.

As a member of the Chula Vista City Council for nearly 15 years - nine of those years as mayor - Cox played a key role in increasing employment opportunities in the city. The number of jobs grew over 70 percent while he was in office.

"Economic development and the creation of jobs for California has to be the state's first priority," he said.

One of the most popular mayors of Chula Vista in recent history and the youngest, Cox, 43, took the city in a new direction; new homes were built, business and commercial parks flourished and the city grew in population and in geographic area.

Cox led the effort to complete the Sweetwater Flood Control Project - a four-phase project that included the widening of Interstate 5 and the completion of State Route 54; the development of Chula Vista Harbor and the Nature Interpretive Center; and a major renovation of the city's downtown business district and locating the Olympic Training Center in Chula Vista, and is helping to bring a new University of California campus to the county.

"My experience as Mayor of Chula Vista convinced me that economic growth can be accomplished in a sensitive and responsible manner, thereby preserving our precious environmental resources while simultaneously allowing the creation of jobs," he said.

Cox served as president of the League of California Cities in 1987-88. Cox was subsequently the first executive director of the South San Diego Economic Development Corporation. He currently serves as deputy director for local government in the Governor's Office of Planning and Research.

"My work this past year has made it clear to me that although many state regulations are worthwhile, they are too often applied in an uncoordinated manner, so that businesses applying for state permits must feel that they are playing bureaucratic ping-pong," he said.

The 77th Assembly District includes portions of Chula Vista, the unincorporated areas of Bonita, Sunnyside, Spring Valley, and Mount Helix, Paradise Hills, and Lomita Village, and the cities of El Cajon, La Mesa and Lemon Grove.

The seat is currently held by Assemblywoman Carol Bentley, who has announced her intent to run for the State Senate in the 37th District.

Bone marrow donors sought

San Diegans who wish to be added to the national registry of potential bone marrow donors can be tested free of charge, Saturday, Feb. 29, Clairemont High School in the school's cafeteria, 4150 Ute Drive, from 10 a.m. to 3 p.m.

This drive is being sponsored by The Bone Marrow Foundation of San Diego, in conjunction with the San Diego Blood Bank.

All persons tested at this drive will be entered into the San Diego Blood Bank's local registry to potential marrow donors.

Funding for the tests, normally \$75 per person, is made possible through the Bone Marrow Foundation of San Diego. This private non-profit organization was formed in 1990 to aid those in need of a bone marrow transplant by increasing the number of potential donors, as well as by raising financial support.

Potential bone marrow donors must be 18 to 55 years old and in general good health, with no personal history of asthma, cancer, heart or circulatory disease.

Donors must also be willing to be a marrow donor for anyone who needs a transplant.

Morelli

Continued from page 1

"Watching the Olympics the other night, a skater in the pairs competition fell on a jump; the commentator explained that she was completing her rotation on the way down instead of while upward bound, and that was her mistake. Now, I have yet another example - another way of getting across to my students that moves must be completed on the way up, and not on the way down."

"The difficult thing to do is to get them to think with you - if they've been doing something the same way for 75 years, it's difficult to win them to your side. A good teacher will recognize that people are different, with different structures, and that what will work for one won't necessarily work for another - so, you have to take an individual approach," he explains.

"I try to get it light and joke around - you have to keep it relaxed; you can't go around yelling and creating stress so no one can learn. Maybe sometimes I joke too much, and maybe they think I'm crazy," he says with a smile, "but they are learning - I can see improvements already."

Can he imagine a life without dance?

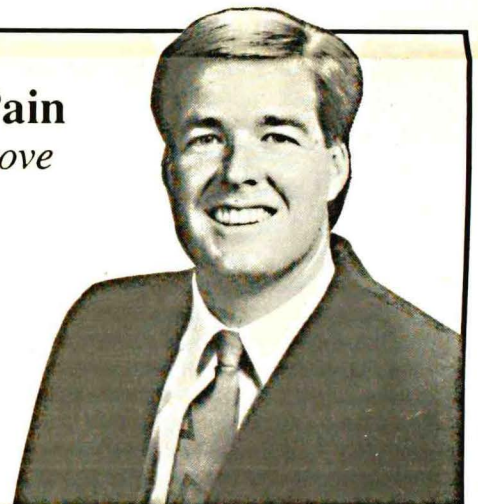
"What, retire? I wouldn't know what to do all day - I'd be lost! No, I have to keep teaching."

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4031 Avocado Blvd. (Hwy 94 & Avocado)
Dr. James Mahin 670-4009
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LEMON GROVE CONGREGATIONAL UNITED CHURCH OF CHRIST
2770 Glebe Road • Lemon Grove
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Spring Valley, CA 91977
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Your church could be in the Worship Directory.
Call 469-0101 for rates and other information.

Commentary

by Paul Treske

Having been watching the Olympics for over a week now, I suppose it's only right to comment on them. When one has been watching the world's best athletes ski, skate and slide for over 20 hours, there must be some attraction.

Aside from whatever chauvinistic joy one may take from watching the very occasional American medal performance, there is something else that is truly riveting. It is the very courageous "single throw of the dice" nature of most of the events. Few, if any, of us ordinary couch potato athletes have ever had to risk as much as these young Olympians do, on a single moment, a single physical act that will probably define them to both themselves and the world. Yet, this is what they do. The skater, favored to win his race, falls and is ever after remembered for that failure. The skier who races downhill at 70 miles an hour and wins the gold may never again in his/her life achieve anything of significance, but will be remembered indelibly for that golden moment of victory. It is a high-stakes game that few of us have the courage to dare.

Still, there is something very poignant here that gives one pause. As I watched an American skater on the medal stand, proudly at attention, clutching flowers and medal, with the National Anthem playing, I had to wonder: Is it right or fair for someone so very young to be having the crowning moment of life come with fifty or sixty years left to live? As we say in show business, "What do I do for an encore?"

The Olympian heart

It is the sad truth of so many athletes that the peak of their greatness comes so early that nothing they do with the remainder of their lifetimes will even come close.

For most of us, our early schooling, training and development is part of an upward path of proficiency that reaches its height of skill and reward after 40. Until then, we live with the satisfaction that we are building toward something. We anticipate it all coming together someday in the realization of our dreams. And even if it never does, the journey itself is exciting and well worth the struggle.

But for that young, young winner on the medal stand, the best has already happened. The struggle for skill, reward and honor has been shrunk into a few youthful years. Of course, if they were a winner, the memory of that moment of glory and its accompanying honors will always be there; but memories are for the old, not for the young.

Thus, there is drama beyond the mere winning and losing in the quadrennial Olympic games. Watch the closeups of the young faces: the proud, tearful ecstasy of victory, the brave, haunted inner solitude and torment of failure. They are literally throwing their lives on the line as they compete.

To be sure, win or lose, they will still be alive on the morning after, but in winning or losing, they will have defined themselves for their life's duration. Few of us have that kind of courage.

The freedom of discipline

by Joseph Walker

There wasn't anything special about that dunk that capped the NBA's most recent Slam-Dunk competition. It was just your typical straight-on, two-handed jam over the front rim of the basket. No twists, no turns, no gravity-defying mid-air wizardry.

What set this dunk apart was that Cedric Ceballos of the Phoenix Suns performed it blindfolded. He dribbled the ball, ran toward the basket, jumped and slammed it through the hoop without so much as a peek at his target.

Tough? Absolutely. Still some of my teenage friends seemed a little disappointed in the dunk when we talked about it the next morning. They said it lacked "artistry" (although you should know that these guys think Michelangelo is a little green dude who eats pizza and shouts "Cowabunga!" and Les Miz is what you call a non-professional feminist). But Ceballos' peers were impressed, and the judges awarded the dunk the first perfect score in the competition since 1988. Since most of those judges were former NBA players, perhaps they understood better than the rest of us how difficult it would be to put the ball in the hole when you can't see the hole.

Slam-dunking is a lot like life in that respect. Taking our eyes off our ultimate, long-range goals is always chancy. The biggest difference is, life rarely gives bonus points for making things tougher than they need to be. And when we mess up, it can really slam-dunk us, if you know what I mean. So it usually isn't worth the risk.

And yet many of us allow ourselves to be distracted from the Thing We Want Most, by the Things We Want *Right Now*. Sure, we want to be free of debt; but boy, a new big screen TV would be a lot of fun *right now*, wouldn't it? Yes, we want an environmentally safe world in which to live; but I don't know where to take this old, used oil, and I don't have time *right now* to check it out. And while a secure and happy marriage is important, it sure is lonely *right now* on this extended business trip.

Sometimes it takes a lot of self-control to block out the here-and-now in order to accomplish long-term objectives. Those who are able to do it soon learn, however, that personal discipline is not only the root of all virtue, but also the source of all freedom.

Hold it just a second. Isn't that a little contradictory? I mean, really - discipline as a source of freedom.

I know, it sounds funny. But think about it for a second. Michael Jordan isn't able to do the incredible things he does on a basketball court simply because he wishes it so (if that's all it took, I might have entered the slam-dunk competition myself). He can do them because of a wondrous mix of talent,

opportunity and hard work. Talent and opportunity are like gifts from God, and can take you to the very brink of success. But it's the discipline of hard work that gives Air Jordan the freedom to use his talent in awe-inspiring ways when the opportunity presents itself. Without that discipline he's just another tall guy who can run, jump and shoot. He's DeWitt Menyard.

Never heard of DeWitt? Exactly my point.

It's that way with any pursuit in life. Nothing of any real value can be accomplished without discipline. The distinguished author A.J. Cronin once wrote: "The disciplined (person) has acquired a strength which comes from inner mastery. He has chosen between two freedoms: the false, where one is free to do as he likes; and the true, where he is free to do what he ought."

Almost every day of our lives we have opportunities to choose between both of those freedoms. Unfortunately, those choices are rarely clearly labeled. The teenager who wants someday to be a doctor doesn't think she's impacting that choice when she decides to cut classes. But when she finally applies to medical school and discovers that none will accept her because she doesn't have the necessary grades or credits, she learns the hard way that the freedom to make The Big Decision can be lost if the little choices leading up to it have been poorly made.

Choosing to be successful - professionally or otherwise - is rarely a once-in-a-lifetime proposition. Rather, it is a series of choices, each one leading inevitably to the next, with ever-increasing risks and consequences. Such success requires discipline and eyes opened wide to potential problems. But the ultimate freedom it offers is incredible.

Even if you don't get extra points for going blindfolded.

(Joseph Walker is a bishop in The Church of Jesus Christ of Latter-day Saints.)

More volunteers sought by Community Participation Program

The Community Participation Program of the City of La Mesa is seeking volunteers to fill positions in the Community Services Department. A graphic artist is needed to work on a Gift List Catalog, and a WordPerfect 5.1 operator is also required.

For further information, contact Jeff Nimeshein, Community Participation Coordinator at 464-0505.

From Where I Sit

Our family heirloom

by Frank Andrews

A few years ago my wife got a call from the San Diego Airport. "We have an elderly lady in our dispensary that appears to be lost. We found your phone number in her purse so we called you in desperation."

The elderly lady was my mother. She had boarded a Northwest Airline's plane in far off Minneapolis without luggage - except for her purse. She had never been aboard a plane before in her life, in fact she was deathly afraid of flying. My mom was getting along in years and seemed to have gotten a bit senile.

My bewildered wife, Willie Marie, called me at work, not knowing what to do. She had never met dear mom, so I rushed to the airport and retrieved my dazed parent. After getting her to my home here in San Diego, we learned from her that she wanted to see my kids, her grandchildren, just one more time. She couldn't believe that she had come here by plane, thinking all the time she was on a local bus.

Mother had a nice loving visit with us and my kids for about two weeks and then wanted me to take her home. I'm sure she meant "Heaven." So I agreed to see her back to Minneapolis and place her in a nice retirement home. When I returned back to San Diego, I had a feeling that I would never see my mother again. That feeling was true, as within just a short time we were notified of her passing.

It was then our task to return to Minneapolis for her burial arrangements and the disposal of her many years of hoarding. She had rented a basement to store all her possessions. It was a humongous job of sorting it all out: some for her grandchildren, some for us to carry or ship back to San Diego, and the remainder for the Salvation Army.

It was very difficult to decide as some of her things were real antiques and invaluable or just plain junk, as she hoarded everything, huge balls of string and tin foil. We couldn't afford to ship much of the stuff back home, so we carried some of the real goodies with us on the plane.

My wife fell in love with an old vase. It did look old and valuable, so Willie Marie held it in her arms all the way home. We shipped a box of old photographs, some were the old time "tin types." After arriving back in San Diego, we rummaged through the pictures. Willie let out a scream, "This old picture shows my vase sitting on your grandma's piano! This will certify to its age and authenticity, thus proving that it is a real antique."

My dear wife liked that old vase before the photo but now she loves it. I would hate to think that she would ever have to choose between me and the vase.

Fire lines

by Amy Canegaly, La Mesa Fire Prevention Specialist

Juvenile fire setting on the rise

We have seen an alarming trend of late: juvenile fire-setting activity has increased sharply throughout the entire county.

Why do children play with fire? Curiosity about fire is normal in children ages two through seven years. If this natural curiosity is not properly handled by parents and teachers through communication and education, a child's curiosity about fire may not be fully satisfied.

As a result, many children play with matches or lighters and often light small fires. They may also try to imitate adult behavior by lighting cigarettes, candles and fireplace fires. This behavior is disturbing when one considers the following (source: Burn Institute):

- Children are responsible for 46 percent of all fires deliberately set in the United States.
- Many fires set by curious children are in or near the home - in a closet, a bedroom, the backyard.
- At least 50 percent of all boys from the age of three through the teen years experiment or play with fire at least once.
- The fire set by a curious child can cause the same disastrous results as a fire set by an arsonist.

The most effective tool in changing fire-setting behavior is education. Children need to learn that fire is a tool, not a toy, and that fire is used for a specific reason. Children need to learn that they should not play with matches and lighters, just as they would not play with sharp tools, knives or similar objects.

Under adult supervision, safe situations can be provided where the child can observe and participate in using matches and fire responsibly. It is also a good idea to encourage children to participate in fire protection around the home.

The La Mesa Fire Prevention Bureau has an interview and Fire Safety Education Program available for children that are involved in fire-setting behavior. If you have any questions, please contact the Fire Prevention Bureau at 461-6101.

Raymond and Allen honored with Rose Awards

At the Feb. 4 meeting of the La Mesa-Spring Valley Board of Education, Rose Awards for outstanding service were given to Linda Raymond and Rosco Allen by the Educational Foundation.

Raymond is a classroom aide and active PTA member at Murdock School. Allen is a custodian, famous at Fletcher Hills Elementary for consistently going beyond the call of duty.

Children are basic to libraries

Services to the children are an ongoing part of basic County Library services and are continuing at library branches despite budget cutbacks, says Anna McElroy, Coordinator of Children's and Young Adult Services.

"The libraries are still offering storytimes and other services," says McElroy. "Storytelling is a part of the American folk tradition, and librarians have always used story hours as a way to highlight the best in children's books. It's a special way to establish rapport with children and get them into the reading habit."

Storytimes also give librarians an opportunity to set an example for parents to read to their children at home, an important tool in the campaign for lifelong literacy, she adds.

Among the County Library branches offering weekly preschool storytime in February is Fletcher Hills, Wednesdays at 10:30 a.m. Others present biweekly story sessions, such as La Mesa and Casa de Oro, on the second and fourth Tuesdays at 10:30 a.m., and Lemon Grove, the second and fourth Thursdays, also at 10:30 a.m. La Mesa also schedules after school storytimes for school age children, and La Mesa hosts a monthly pajama preschool storytime, with Monday, March 9, 6:30 p.m., set for the next one. The public is advised to check with the local branch to confirm scheduled events.

Aside from storytimes, County Library staff offers the same research assistance to children as adults.

"Often children simply need to find the right book for homework help, says McElroy, "but they also ask complex questions that challenge our Reference Librarians. Children ask for books to help cope with divorce and other real life issues as well as "a book just like the last one I read."

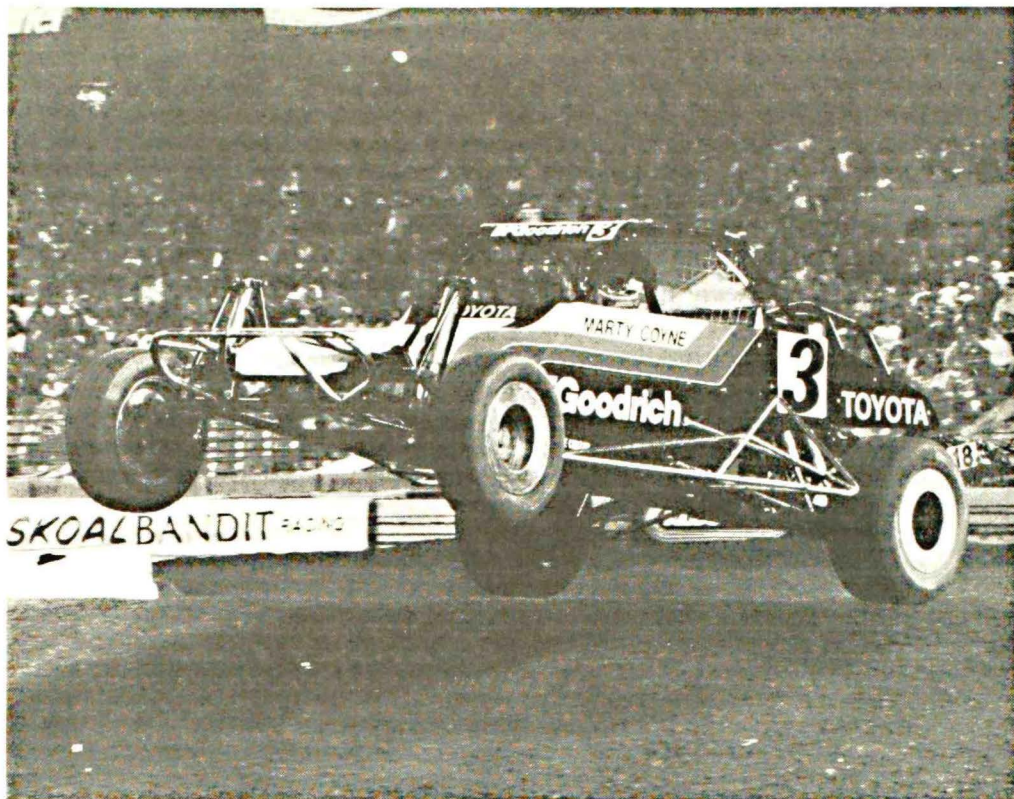
"That's where our reading guidance is important," adds McElroy.

She says that Children's Librarians and library branch staff are good resources to recommend good books for youngsters.

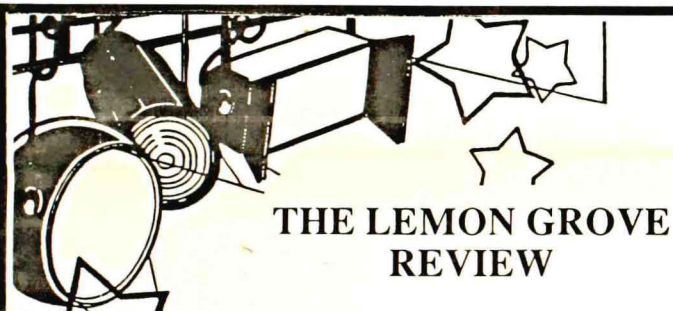
"At all times we welcome and encourage adults to bring children to the library and open their minds to reading, either by reading to them or through self-directed reading," says Assistant County Librarian Debra Miller. "That encouragement is a mainstay of our operations."

The popular Summer Reading Program will also be held as usual, thanks to the sponsorship of Wells Fargo Bank.

Hot Lemon Grove driver to show his stuff in the stadium races



Marty Coyne of Lemon Grove drives his Super 1600 racer over a jump during the Mickey Thompson Off-Road Gran Prix at Anaheim last January. Coyne is one of the top runners in the class, finishing third in the 1991 final point standings after leading part way through the season. Coyne will next compete in the popular stadium racing series at San Diego Jack Murphy Stadium.



Spotlight on Business



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Rich's Shoes is now open in Lemon Grove at 7763 Broadway. Rich's friendly staff, from left, are Dick Moosic, Chris Nelson and Chris Astephon.

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Dick Moosic - Owner, Rich's Shoes, 7763 Broadway, Lemon Grove. Phone 464-8391.

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Local Scout troop holds Court of Awards



Committee chairman, Joe Smitley, presents assistant Scoutmaster Jim Hall the National Scoutmaster Award of Merit as new Scoutmaster Ernie Hernandez looks on.

Boy Scout Troop 108 conducted a Potluck Dinner and Court of Awards Monday evening, January 27th at the United Church of Christ Congregational on Glebe Street in Lemon Grove. Some 75 Boy Scouts and parents and guests attended.

The Troop welcomed their new Scoutmaster, Ernie Hernandez, and presented the outgoing Scoutmaster, Jim Hall, with the National Scoutmaster Award of Merit in recognition of his 20 years of service to the Troop. Ed Emerson was given the Unit Scouter of the Year award for his work as Advancement Chairman.

Jesse Tellez was awarded the rank of Star Scout, Chris Bucaro, Mark Dettweiler, and David Harrington were advanced to Second Class, and Jeff Spriggs received

his Tenderfoot Badge.

Steve Hernandez received Lifesaving, Computers, Cooking, and Woodworking Merit Badges. Nathan Taber received Personal Management, Citizenship in The Nation, and Emergency Preparedness Merit Badges. David Harrington received Citizenship in The Nation. And Jeremy Leonard received Camping Merit Badge.

Eagle Scout Richie Fletcher received the Venture Patrol Cycling Award, and Chris Bucaro, Mark Dettweiler, and Marshall Emerson were presented with the Fire 'n' chit patch.

The announcement was made that the Troop will travel to Catalina Island in August for its 1992 Summer Camp. Reservations have been made at Camp Cherry Valley for August 2nd

through the 8th. Fund raising events to allow the Boy Scouts to pay for camp will include a Dudley's Bread sale in April, and the Troop's annual Pancake Breakfast on Saturday, June 6th.

Scout Sunday, celebrating the birthday of Lord Baden-Powell, the founder of Scouting, was observed by the Boys and parents, Sunday, February 9th. Also in attendance were Mr. and Mrs. William (Bill) Lindsay. Bill Lindsay has been a registered Scout since 1912, when he was a member of Troop 1 in Lemon Grove. Reverend Ed Pettis spoke of the Scout Law, reminding us that the last part is 'A Scout is Reverent'. Scouts Marshall Emerson, David Harrington, and Jesse Tellez assisted Rev. Pettis in the services.

Helix Happenings

by Kristina Ruiz-Healy

Helix High School students and staff would like to thank the La Mesa Community Welfare Association for donating \$1,200 for much needed reference materials. The library would also like to thank all of the retired people who have helped to code books for the new computer system. Help and donations are always welcome. Contact the Helix High School library. Thank you!

Attention all spirited Scotties! Hat Day is on Friday, Feb. 21. Wear your favorite or most outrageous hat; create your own! Hats will be judged at lunch at the quad, so get involved!

Congratulations to the Helix High School Drama Club for an outstanding show, LipSync '92.

A special congratulations to the officers Chartrice Howell, Dylan Norvell, Lindy Garrison and Matt Brody for the great job as MCs and organizers of the

show. It was a success - way to go Scotties!

The Helix High School Speech Team will be holding their second annual "Speech Night." The evening of entertainment will be held at Nan Coutts Cottage on Feb. 28 at 7 p.m. Tickets are only \$3 for students and \$8 for adults. There will be complimentary pie served during the intermission. Come and join us!

Helix High School All-Star "A" Team: A Scottie hats off to this week's Helix High All-Star Team: Academics: Gary Pastushenko; Attendance: Tony Alcala, Athletics: Derrick Vassar, Artistry: Jennifer Hensley and Attitude: Dwai Kimbell.

Great Job "A" Team.

Congratulations to the Ladies First Ensemble for winning third place at the competition in Los Angeles. Way to go ladies! Keep up all the hard work!

Almond to perform benefit

Violinist Frank Almond, a native of San Diego and a laureate of Moscow's 1986 International Tchaikovsky Competition, will perform a Benefit Recital for the San Diego Youth Symphony's 1992 Concert Tour of Italy.

Almond's performance will take place on Saturday, March 7, at 8 p.m. at the College Avenue Baptist Church, 4747 College Avenue, just north of El Cajon Blvd. Joanne Pearce-Martin, a 1986 graduate from Philadelphia's Curtis Institute and recitalist with such established soloists as cellist Lynn Farrell and violinist Joseph Silverstein, will appear with Almond in a program that includes: Mozart's "Sonata in A (K526) for Violin and Piano," Szymanowski's "Chant de Roxane," Stravinsky's "Suite Italienne," and much more.

This Benefit Recital is the most recent association between the Youth Symphony and Almond. While making his home in Manhattan, Almond frequently returns to Southern California for appearances and he has coached the Youth Symphony's string sections and String Quartet while on several of those visits.

In the summer of 1990, Almond toured Spain with the Youth Symphony and performed with the orchestra in Valencia, Alicante, Madrid, Barcelona, and Burgos. Next summer he will again be the Youth Symphony's guest soloist when the orchestra goes on tour to Italy.

Members of the San Diego Youth Symphony come from all over San Diego County including El Cajon, Jamul, Cardiff, La Jolla, Fallbrook, Solana Beach, La Mesa, Encinitas, Carlsbad, Poway Ocean-side, Spring Valley, Leucadia, Chula Vista and Coronado.

Tickets for the March 7 Benefit Recital are \$12 for adults and \$8 for students and seniors, and can be ordered by sending a check to: San Diego Youth Symphony, Casa del Prado, Balboa Park, San Diego, CA 92101.

PUBLIC NOTICES

NOTICE OF VEHICLE LIEN SALE

The following vehicles will be lien sold at 10:00 a.m. on March 5, 1992. The sale will take place at 850 D Energy Way, Chula Vista, CA 91911:

1. #243154
NONE NA
83 DATS CP
JN1H20655DX04450
2. #267923
1DV345 CA
81 VOLK SD
1VWC9178BV117725
3. #345086
2W78161 CA
65 FORD VA
5H29A164382
4. #345833
5V953 NY
85 BERT ZDR
ZBBB500A87F154118
5. #346088
1T78740 CA
80 DODG PK
D14JPAS121900
6. #346846
422DOE NV
80 PLYM SD
1M24JA4913906
7. #346849
6921AF AZ
87 MAZ PU
J12UF2139H0191476
8. #347224
329DMA CA
71 VOLK HSC
Z12151008
9. #347335
XD5938 IL
87 MERC 2DR
1MEB3357HK645352
10. #348095
KSP905 CO
82 CHRY CNV
1C3BC55B5CG144084
11. #348541
1CMK659 CA
81 PONT CP
12. #349058
2DWL052 CA
74 DATSU CP
RLS30024963
13. #349129
2RGA189 CA
84 FORD 3D
1FABP2834EF165428
14. #349832
2RTA659 CA
77 BMW SD
5402253
15. #349903
1CYM711 CA
81 OLDS CP
1G3AM47A4BM534838
16. #349918
68GUYA CA
77 PORS CP
9247234027
17. #349978
3N41511 CA
78 CHEV PK
CCL2482166479
18. #350034
2HJZ741 CA
83 CHEV 4D
1G1AW19R9D6858704
19. #350255
2XRC756 CA
79 CAPRI SD
9R147608285
20. #350271
1MCF993 CA
84 MERC 2D
1MEB72R8EK643487
21. #350283
1RRD447 CA
82 VOLK 2H
1VWBB0174CV068482
22. #350289
Q73149 CA
57 FORD ZC5
C7RF163506
23. #350432
NONE NA
78 CHEV 2D
1Q87L81595472
24. #350473
2LXR645 CA

- 80 SAA SD
90801030144
25. #350512
NONE NA
84 DODGE 4D
JP3BE38A0EU404831
26. #350539
NONE NA
82 TOYT SD
JTZTE75C2C0799108
27. #350626
2VAD989 CA
79 FOR 4D
9A65F194645
28. #350641
2DBW047 CA
86 HYUN 4D
KMHLEF31JXGU073802
29. #350644
2BER454 CA
71 DATSU CP
HLS3020423
30. #350968
1MGV587 CA
85 TOYT CP
JT2AW15C1F0021274
31. #351191
2X51185 CA
83 ISU PK
JAACL14A3D0700220

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A TO Z METRO TOWING

Lemon Grove Review
February 20, 1992

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 92 01912
The Name of the Business:
HEALTHCARE BILLING SERVICES
located at: 1323 Hidden Knoll Ct. in: El
Cajon 92019 is hereby registered by
the following owner:
ELENA M. CRANDALL
1323 HIDDEN KNOLL CT.
EL CAJON 92019
This business is conducted by: an
Individual

The registrant commenced the
transaction of business on: N/A
Signature of Registrant:
ELENA M. CRANDALL
ELENA M. Crandall
This statement was filed with
Annette J. Evans, Recorder/County
Clerk of San Diego County on Jan. 29,
1992.
Lemon Grove Review
January 30, February 6, 13 & 20, 1992

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 92 01913
The Name of the Business:
APACHE CONSTRUCTION
located at: 3133 Via Arcilla in: San
Diego, Calif. 92111 is hereby registered
by the following owner:
STEPHEN DOUGLAS JOHNSON
3133 VIA ARCILLA
SAN DIEGO, CALIF. 92111
This business is conducted by: an
Individual
The registrant commenced the
transaction of business on: 6/31/90
Signature of Registrant:
STEPHEN D. JOHNSON
Stephen D. Johnson
This statement was filed with
Annette J. Evans, Recorder/County
Clerk of San Diego County on Jan. 29,
1992.
Lemon Grove Review
January 30, February 6, 13 & 20, 1992

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 92 02356
The Name of the Business:
A. J. PONTES + SON
located at: 1704 Bourke Pl. in: El Cajon
92021 is hereby registered by the fol-
lowing owners:
ARTHUR J. PONTES
1704 BOURKE PL.

EL CAJON 92021

CHERYL D. PONTES
1704 BOURKE PL.
EL CAJON 92021

This business is conducted by:
Individuals - Husband and Wife
The registrant commenced the
transaction of business on: Jan. 1981
Signature of Registrant:
ARTHUR J. PONTES
Arthur J. Pontes
CHERYL D. PONTES
Cheryl D. Pontes
This statement was filed with
Annette J. Evans, Recorder/County
Clerk of San Diego County on Feb. 5,
1992.
Lemon Grove Review
February 6, 13, 20 & 27, 1992

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No 92 02358
The Name of the Business:
COLLEGE FINANCIAL AID
RESEARCH
located at: P.O. Box 727 in: Lemon
Grove, California 91946 is hereby reg-
istered by the following owner:
ROBERT D. JONES
8339 ROY ST.
LEMON GROVE, CA 91945

This business is conducted by: an
Individual
The registrant commenced the
transaction of business on: N/A
Signature of Registrant:
ROBERT D. JONES
Robert D. Jones
This statement was filed with
Annette J. Evans, Recorder/County
Clerk of San Diego County on Feb. 5,
1992.
Lemon Grove Review
February 6, 13, 20 & 27, 1992

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Still stirring up trouble and other culinary delights

When the Keenagers of Windsor Hills Baptist Church in La Mesa meet at noon on the second Wednesday of each month, they are treated to the culinary delights of Frank Andrews. Yes, it is the same Frank Andrews whose byline appears each week in this newspaper on his column, "From Where I Sit."

Before moving to California 30 years ago, Andrews had owned restaurants in two cities in Minnesota. Over the following years he pursued a number of successful careers. Still, he kept his interest in cooking. Now in retirement in Lemon Grove, he devotes his time to writing and playing chef to family and friends.

The entree for the February meeting of Keenagers was chile ala Andrews. Forty members and guests made short work of two large pots of tasty chili. Cole slaw, cornbread and cake decorated with Valentine hearts were supplied by the ladies of the church.

After lunch in the Fellowship Hall, the group retired to the sanctuary for a devotion by Marge Guhn of La Mesa.

Chairperson Pat Schmidtman



Columnist and chef Frank Andrews shown with devoted wife, Willie Marie.

introduced Carol Fasching of the La Mesa Police Crime Prevention Unit. She showed a film and shared suggestions on how seniors might protect themselves against theft and violence.

The March 11 meeting of Keenagers will celebrate the 4th

Anniversary of the 55 and older group. Writer/chef Andrews will prepare roast beef for the noon luncheon. Guests of any age are always welcome.

Windsor Hills is at 7485 Orient Avenue, La Mesa. For reservations, call 463-1201.

My last wish ... death with dignity

by Desmond Pengeley

Betty Rollin appeared recently as featured panelist on the Geraldo show. What a poignant and moving outline she gave of her mother's dying! The next evening the movie "Last Wish" was shown. This was based on her book with the same title describing the true story of her mother's traumatic decline from a healthy active woman full of "joie de vivre" to a trembling shell, ravaged by cancer, and who finally took her own life. Betty helped her mother do this, and it was also a devastating experience for Betty. It so filled me with emotional and thoughtful responses that I am moved to record my reaction to these two masterpieces and to express my own last wish.

I personally wish earnestly to be able to die peacefully, painlessly and without loss of dignity when my own time comes, and that I shall be allowed to choose that time, and to get help if necessary. Above all I want to be sure that my loved ones will not be hurt by society for any support they may provide - that is to say it must be legal. I would like to have the assistance of a physician, because who else could be more qualified by his/her training? I can find nothing immoral, unethical nor unreasonable in this wish. Yet society today frowns severely upon putting such ideas into practice; in most places it is criminal, and many good, kind people believe firmly that it would be sinful and bad. Nevertheless it occurs often in hidden ways.

Californians Against Human Suffering (CAHS) is working to place a ballot measure, called the Death-with-Dignity Act, before the California voters in November 1992. This would achieve many of my own wishes. It would make it legally possible for a mentally competent person, who is terminally ill (that is to say will die within six months anyhow), to ask a willing physician to end his or her life quickly, painlessly and with dignity. The patient would make this request in writing ahead of time, and have it witnessed by two disinterested persons (not family nor

anyone who might have an interest in the patient's estate). When the time comes, two independent doctors would have to testify in writing that the patient is indeed terminally ill, and the patient would then have to ask to have the directive carried out. In addition no physician nor health care professional, who followed the directive, could be prosecuted for the action, nor could any insurance company treat it as "suicide" in order to invalidate or affect claims under any policy it had issued.

The patient would be allowed at any time to change his/her own mind and cancel the directive by a simple statement to that effect. These ground rules will exclude certain people in some circumstances, but they have been made in order to minimize abuses and to answer criticisms that the whole idea is too dangerous.

Signatures are currently being gathered throughout the State. We shall need 600,000 by March 5. If you would like to take part in the effort, call CAHS at (619) 466-8786.

The whole thing boils down to a combination of the two most fundamental drives that seem to be universal in the human species - self preservation and a need to come to terms with one's own supernatural beliefs. If through religion one gets a sense of security, peace and certainty, as well as moral direction, and if an individual's religious laws require preservation of life at all costs, without consideration of circumstances, I would never want to interfere with that person's right to choose life. But if one's belief is that death is a natural happening, not to be feared, and that life is to be lived in dignity, love and accomplishment, then it follows that the important thing is to live a good life and to accept death, or even hasten it, when a good life is no longer possible.

This is "My Last Wish," and I think Betty Rollin and her mother would agree.

In the Service

Marine Lance Cpl. Francesco P. Tarantino, son of Santa and Joyce A. Tarantino of Lemon Grove, recently deployed with the 13th Marine Expeditionary Unit, based at Camp Pendleton for six months to the Western Pacific Ocean.

More than 2,100 Marines will comprise the unit, which also includes the ground combat element of 1st Battalion, 1st Marines, who took part in the liberation of Kuwait.

Tarantino will participate in various military training exercises and operations.

He joined the Marine Corps in January 1991.

Navy Dentalman Ernie C. Jacklin, son of Milton V. Jacklin of Spring Valley, and Jamie Jacklin of Lemon Grove, recently completed the Basic Dental Assistant Course.

The 1991 graduate of Mt. Miguel High School joined the Navy in August 1991.

Sgt. Thomas J. Langenberg, the son of Ronald E. and Janice A. Langenberg of Lemon Grove, has completed a U.S. Army primary leadership course. He is an attack helicopter mechanic in Stockton.

The sergeant is a 1985 graduate of Mt. Miguel High School.

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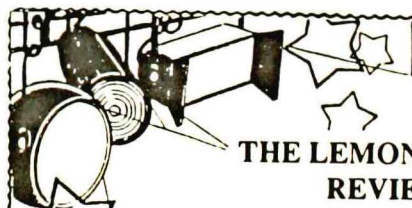
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